

*Yes my dear,
we can talk to the dead...*

By Diane Marie Ford
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Couples counseling... what thoughts do those two words bring to mind? In a traditional setting one is likely to think about couples counseling as a way of bringing an unbiased point of view into a problematic relationship. Or one might look at it as a venue for gaining a different and perhaps fresh perspective on a subject or situation of which two people cannot see eye to eye.

What if we approach couples counseling in a non-traditional, out of the ordinary way? What if one member of the couple communicates from the other side? First let's look these two definitions; Couple(s); two persons or things associated in some way, several, but not many; few. Counseling; the act of exchanging ideas, the act of talking things over.

Given the definition of each word, not only it is possible to offer couples counseling which encompasses all realms of beings, my holistic health and wellness counseling practice includes counseling, by way of exchanging ideas and talking things over, with both the living and the dead. The results can prove to be phenomenal.

Imagine 'going into counseling' with the mother, son, daughter, father, husband, wife, partner or friend, who left you with unresolved issues? Imagine working through an age-old hurt or disappointment? Imagine being able to finally bring peace to an unsettled situation? Imagine settling differences and being able to let go of something which has bothered you or held you back for many years?

Through the Grace of God and my number one go-to guide (my mother) I facilitate these connections, hold the space for healing and bear witness to the profound positive changes which take place on both sides of these wondrous planes.

I consider my ability to serve you as a 'Spirit Medium' to be a gift, one which I treasure and share in a non-traditional format. The time we spend together is an interactive counseling session, ministering to both parties (or, in some cases, a "few" parties!). I am here to serve you and I welcome your calls.

Diane Marie Ford, CHHC, Nourishment Counselor, and founder of Whole Soul Nutrition™ at Listen To Thyself, integrates mediumship into her holistic health and lifestyle practice.

Join Diane on selected Tuesday evenings from 7:00 – 9:00 PM as she hosts group spirit readings ~ *Calling All Souls* ~ for \$30 per person.

Visit www.ListenToThyself.com for details. Listen To Thyself at 48 Pearl Street Middleborough, MA 02346... serving Middleborough and surrounding communities for the past five years.

Care to learn how you can sharpen your self-empowerment skills and nourish yourself on all levels? Call Diane and schedule a consultation today ~ 508.947.5348.