

*Yes my dear,  
we can talk to the dead...*

By Diane Marie Ford  
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Over the past two months, since I began writing this column, I have received a number of calls from people like you, who have never had a 'reading' and are curious to learn more. You make my day and I am happy and hopeful that more connections will be taking place in the not too distant future!

Until you do decide to call or for those of you who have no intention but are intrigued none the less, please allow me to explain what it is like to experience a reading. Private readings are conducted in my office, which by the way is cozy and has a soothing atmosphere, similar to sitting in your own living room. When we first meet, we talk for a bit to get to know one another and to allow the energy to settle as well as to allow the person to relax (most 'first timers' are nervous largely in part because they do not know what to expect). By the time we have had a sip or two of a cup of tea or a glass of water, the spirits have 'shown' themselves.

I primarily communicate with them by sensing their presence and 'hearing' them speak. For the most part attitudes and personalities come through loud and clear. On occasion I can feel what they are feeling and begin to express the joy using mannerisms quite similar to the spirit making the connection (or so I have been told). I sometimes find myself crying with joy ... (funny, I was doing a reading a few days ago with a woman, whose mother I have had the good grace to bring through for her on a few previous occasions. This time she had brought her sister with her for another reading. When I brought their mother through, she was so happy, she began to cry a bit... as the tears welled in my eyes, the woman turned to her sister and said "she cries sometimes" ... it touched my heart to hear her say that).

My readings tend to be a two way conversation more than a simple conveying of information. I love the give and take of it all. It is as if we were sitting next to each other, enjoying one another's company, like they had never left at all. Funny, they really haven't.

**Diane Marie Ford**, Certified Holistic Health Counselor, of Whole Soul Nutrition™ at Listen To Thyself, integrates mediumship into her holistic health and lifestyle practice. Connect with your spiritual guides and experience profound insights through spirit wisdom and Diane's gentle, yet powerful counseling. Excellent for when you feel stuck, need a boost of inspiration and direction or feel caught in the grip of self-defeating habits. She offers private readings and house parties in addition to her health counseling. Please contact Diane at 508.947.5348 or [www.ListenToThyself.com](http://www.ListenToThyself.com).

Have yet to schedule a reading or care to schedule another? Diane is extending her Valentine's gift of the heart to all your lucky leprechauns by offering sixty-minute readings for \$60.