

***Yes my dear,
we can talk to the dead...***

By Diane Marie Ford
June 2008



Loving the feedback I am receiving concerning this column!! For example, a recent question about my decision to use the word ‘dead’ in the title; *Yes my dear, we can talk to the dead...*

Why did I choose the word ‘dead’, when those with whom we communicate are very much with us? Good question! I appreciate your interest and encourage you to keep reading and reaching out to me! And now, kindly allow me to explain my choice of words.

First, please know it is not out of disrespect – many of my favorite, most beloved, people and animals are among the dead. There are all sorts of euphemisms which are used to describe those who are no longer with us on this earth plane or with us in body, such as “crossed over” or “gone to the other side”. Some of these euphemisms, in my opinion, are left open to interpretation. Since I believe in the KISS principle (which I have coined as Keep It Simple Sister), my choice of words is in keeping with my principle. Dead, referring to the word as a noun, not an adjective, such as *the microphone went dead* or an adverb, like *dead drunk*, but a noun, as in *those who no longer have a life on earth as opposed to existence after death*.

And that’s what makes this practice so cool... just because someone is considered ‘dead’ on this earth plane, does not prevent us from communicating with them on another plane. As a matter of fact, some of my best conversations are with those who are dead on this earth plane but very much alive on another. Does this sound too ‘out there’? Is it difficult to wrap your mind around all this? Trust me, I hear you. There was a time when I could not fathom communicating with someone who had crossed over... a dead person... but after losing my mother, everything changed for me. I would love to connect you with someone you may be missing.

Diane Marie Ford, CHHC, Health, Wellness & Spiritual Counselor of Whole Soul Nutrition™ at Listen To Thyself, integrates mediumship into her holistic health and lifestyle practice.

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