

***Yes my dear,
we can talk to the dead...***

By Diane Marie Ford
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What's Intuition Got To Do With It?

I know I should listen to my intuition when I don't listen to my intuition. She is quick to remind me with that ever so breezy afterthought "aha! I knew it... I should have listened."

How many of us should have, could have, would have, but didn't? We think we know more than our *all knowing* soft voice which whispers to us from our gut, our soul, the essence of our energy which *would* divinely guide us if we would simply get out of her way and allow her to do that which she does naturally and best. But *no*, we sometimes feel like we know best! And therein lays the opportunity.

Intuition first revealed herself to me when I was a young child. Born with a curious nature, my logic dictated I question my intuition. And question I did! Why *should* I listen? How *could* it know more than me? Why *would* I choose, decide, *do* something suggested by my intuition rather than myself? I cast my intuition aside as if I were throwing caution to the wind. I challenged the parameters of loving parental controls and did whatever I wanted to do, whenever I wanted to do it. I said *to heck* with whatever advice my intuition offered, as the stimulus outside me was brighter, bolder, far more appealing and always captured my attention!

Yet, time and time again, I would kick myself for not listening to "myself". You know those moments ... you had a decision to make - your soul or intuition offered one choice and you chose the other. You thought you could count on the choice you made to net positive results, and serve your highest and best good. But in reality, the only thing you could count on was hearing yourself say "damn, why didn't I listen to myself?"

Make sure you pick up next month's copy of the Free Bird Times to find out ***what intuition has to do with it*** as Diane brings this article to a close.

Diane Marie Ford, CHHC, AADP, Nourishment Counselor & Spirit Medium is the founder of Whole Soul Nutrition™. Diane offers private readings and house parties. Her group spirit reading support circles ~ *Calling All Souls* ~ take place on Tuesday evenings. Call to reserve your space.

You do not want to miss being a part of her new class; **Intuition and Mediumship Development 101**. Learn to identify with and tap into your intuition, increase your psychic abilities and communicate with those who have crossed over into heaven. Class is limited to 10 individuals – call now for details and to save your space! 508.947.5348. www.ListenToThyself.com.