

*Yes my dear,
we can talk to the dead...*

By Diane Marie Ford
February 2008



Communicating with spirits is an amazing process. As I mentioned in last month's column, I do not profess to know how it works, but I do confess to know it does work.

I know this because I am a conduit through which spirits contact their loved ones here on the earth plane. I believe I am chosen by a spirit, who in turn whispers in their loved one's ear to contact me. Call that kismet. Call that divine intervention. Call that part of a plan greater than ourselves. I call that awesome!

The initial messages are usually quite specific, sometimes very profound and always extremely loving and healing. I marvel over the fact that we actually converse with spirits – two way conversations actually take place... a beautiful balance of give and take. I find when my client and I open to the process, the dialogue gracefully flows.

There are times during our readings, when the spirit of the person on the other side, (or wherever they may be) is more concerned for the welfare of my client than the client is for them. During a reading just the other day, a client's son expressed a need for his mother to cultivate more joy in her life. She had been grieving his loss for several years and was having a difficult time moving through the grief and pain. Her son, in a loving, caring and tender manner communicated his desire to return his mother to a state of joy (and actually referred back to a particular boyhood memory to help his mother remember and "feel" the joy). As a matter of fact, he asked her if he could help her to find and feel the joy again. What astounds me is the caring which remains ever constant on all levels. Here she was living in pain, thinking her son was suffering, but in essence, we learned he was quite fine other than his concern for her lack of joy.

These beautiful interactions serve as validation of the unlimited amount of love available to us all. I love connecting both worlds and urge you to listen to your small, still voice therein may be a message for you.

Diane Marie Ford, Certified Holistic Health Counselor, of Whole Soul Nutrition™ at Listen To Thyself, integrates mediumship into her holistic health and lifestyle practice. She offers private readings and house parties in addition to her health counseling. Please contact Diane at 508.947.5348 or www.ListenToThyself.com.

Interested in scheduling a reading? During the month of February, as a Valentine's gift, Diane is offering sixty-minute readings for \$60.