

## Listen To Thyself a holistic collaborative Nourishing Newsbites

Whole Soul Nutrition  
December 2008



Welcome to 2008' s final edition of Nourishing Newsbites, authored by yours truly, Diane Marie Ford, Founder of Whole Soul Nutrition at Listen To Thyself.

The story of *Yes Virginia, There is a Santa Claus* has captured the hearts and minds of thousands over the years.

Whether you have never read or have not read this story in many moons, please gift yourself with the time to do so now.

The essence of the message rings true to this day.

**We wish you a Merry Holiday and hope the essence carries you well beyond 2009!**

*Eight-year-old Virginia O'Hanlon wrote a letter to the editor of **New York's Sun**, and the quick response was printed as an unsigned editorial **Sept. 21, 1897**. The work of veteran newsman Francis Pharcellus Church has since become history's most reprinted newspaper editorial, appearing in part or whole in*

"DEAR EDITOR: I am 8 years old.

Some of my little friends say there is no Santa Claus.

Papa says, 'If you see it in THE SUN it's so.'

Please tell me the truth; is there a Santa Claus?

VIRGINIA O'HANLON."

VIRGINIA, your little friends are wrong. They have been affected by the skepticism of a skeptical age. They do not believe except [what] they see. They think that nothing can be which is not comprehensible by their little minds. All minds, Virginia, whether they be men's or children's, are little. In this great universe of ours man is a mere insect, an ant, in his intellect, as compared with the boundless world about him, as

Yes, VIRGINIA, there is a Santa Claus. He exists as certainly as love and generosity and devotion exist, and you know that they abound and give to your life its highest beauty and joy. Alas! how dreary would be the world if there were no Santa Claus. It would be as dreary as if there were no VIRGINIAS. There would be no childlike faith then, no poetry, no romance to make tolerable this existence. We should have no

Not believe in Santa Claus! You might as well not believe in fairies! You might get your papa to hire men to watch in all the chimneys on Christmas Eve to catch Santa Claus, but even if they did not see Santa Claus coming down, what would that prove? Nobody sees Santa Claus, but that is

no sign that there is no Santa Claus. The most real things in the world are those that neither children nor men can see. Did you ever see

You may tear apart the baby's rattle and see what makes the noise inside, but there is a veil covering the unseen world which not the strongest man, nor even the united strength of all the strongest men that ever lived, could tear apart. Only faith, fancy, poetry, love, romance, can push aside that curtain and view and picture the supernal beauty and glory beyond. Is it all real? Ah, VIRGINIA, in all this world there is nothing

No Santa Claus! Thank God! he lives, and he lives forever. A thousand years from now, Virginia, nay, ten times ten thousand years from now, he will continue to make glad the heart of childhood.

May you be inspired with brilliant thoughts and positive actions as we move forward into 2009!

Thank you for contributing to the success of our business and for enriching our lives in 2008! We look forward to serving you in the coming year and will be offering thought provoking and life changing workshops/programs.

Katharine Gilpin and I wish you a healthy, happy New Year filled with bountiful blessings!

Blessings & Peace from Diane & Katharine



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